



LIVING THE
FAITH

Reflection for Easter

Introduction

The Easter celebration of Jesus' Resurrection lasts for 50 days, until Pentecost. During this festive season, take some extra time to reflect on the glorious Resurrection of our Lord and Savior.

EASTER

Let us put ourselves in God's presence.

Biblical and Ecclesial Wisdom

"Christ lifted up from the earth, has drawn all men to himself (cf. Jn 12:32). Rising from the dead (cf. Rom 6:9) he sent his life-giving Spirit upon his disciples and through him set up his Body which is the Church" (*Lumen Gentium*, no. 48).

Resurrection and New Life

When we rejoice in Jesus' Resurrection, we also celebrate Christ's gift of himself, which transforms us and enables us to become a self-gift to others. When this happens, we are renewed by the blessings that Easter gives us. On this day, we rejoice in Jesus' conquest of sin and death and anticipate the Holy Spirit's coming on Pentecost. Jesus continues with us through his Church, the ongoing gift of his divine presence. We rejoice that our hard times and pain, like his, will be overcome, and that we will be rewarded some day. Each Easter, by the power of God's grace, given through the Holy Spirit, we renew our desire to cultivate our gift of self.

We commit ourselves anew to our Risen Lord in his joys and suffering, so that one day we will rise and live forever in his Kingdom, where no more pain or sadness exist, only God's all-embracing love. Then will we see how firm faith, steadfast love, and enduring hope prepare us to celebrate eternal life forever.

Pause to reflect on Jesus' Resurrection and the difference it makes in our lives.

Reflection Questions

In the spirit of the Resurrection, we ask the following questions:

1. Why do we celebrate our transformation through Christ's gift of himself on Easter, the feast of the Resurrection?
What does this feast tell us about ourselves and the purpose of our lives?
2. How does the gift of the Church help us to cultivate our gift of self, given to us at birth?

Let us pray to the risen Christ, thanking him for the gift of faith.