



Fifteenth Sunday in Ordinary Time

Litany of the Way: Prayer for the Journey

As Jesus sought the quiet of the desert, teach us to pray.

As Jesus washed the feet of his disciples, teach us to love.

As Jesus promised paradise to the thief on the cross, teach us to hope.

As Jesus called Peter to walk to him across the water, teach us to believe.

As the child Jesus sat among the elders in the temple, teach us to seek answers.

As Jesus in the garden opened his mind and heart to God's will, teach us to listen.

As Jesus reflected on the Law and the prophets, teach us to learn.

As Jesus used parables to reveal the mysteries of the Kingdom, teach us to teach.



“Without love, even the most important activities lose their value and give no joy.”

—Pope Benedict XVI, Angelus,
July 18, 2010

Our Lady of Mount Carmel

Celebrated July 16

Mount Carmel, which juts out into the Mediterranean near Haifa, Israel, has been considered a sacred place since the prophet Elijah built an altar there in his contest with the prophets of Baal. The Carmel headland is traditionally associated with the beginnings of the Carmelite order around 1195, when a group of lay hermits formed a community there. Mary had been honored there as early as the fifth century, and by the 12th century Mount Carmel had become a site of Marian devotion. The Carmelites chose Mary as their protectress and dedicated their oratory on Mount Carmel to her. Our Lady of Mount Carmel is the patron of Bolivia and Chile. This Marian feast became an optional memorial in the Revised Roman Calendar of 1969.