

**Share a Relationship that's**

**Safe**



Diocese of Grand Island  
Child Protection Office  
<http://gidiocese.org/child-protection>

**Share a Relationship that's**

**Stable**



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Child Protection Office  
<http://gidiocese.org/child-protection>

**Share a Relationship that's**

**Nurturing**



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**Create Connections with**

**SSNRS**



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Child Protection Office  
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**We all need SSNRS—Safe, Stable, Nurturing Relationships**

- We are hard-wired for connection with others and with God.
- We continue to need connection throughout our life span.

**For young children, connections with Safe, Stable, Nurturing adults are critical for:**

- Physical well-being
- Healthy development.
- Secure attachment.
- Prevention of abuse
- Resilience to stress and trauma
- Faith and moral development
- Life-long healthy relationships

**How to create SSNRs:**

**Be Safe**—free from fear and secure from physical and emotional harm.

- Regulate emotional responses.
- Protect children from harm / hurtful adults.
- Discipline without causing harm.
- Promote self regulation.
- Monitor children’s behavior and development.

**Be Stable** - predictable & consistent.

- Provide structure and routine.
- Be consistently present.
- Model self-regulation, dignity and respect, kindness and care.

**Be Nurturing**-available and responsive to children’s needs.

- Identify and meet needs.
- Listen actively.
- Practice empathy.

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